

ENDOSCOPY PROCEDURE INFORMATION

BEFORE YOUR PROCEDURE

- Call your doctor's office before your procedure to confirm the scheduled time
- Detailed instructions about your procedure and preparation will be given to you separately by the physician performing your procedure.
- Make arrangements to be escorted home from the hospital. Please bring the name and phone number of your escort home to the hospital with you.
- Your procedure will be cancelled if you do not have arrangements made to be escorted home from the hospital, your procedure will have to be rebooked through your physician's office.
- You cannot drive for 24 hours after your procedure.
- It is recommended that a responsible adult stay with you overnight on the day of your procedure.
- A current up-to-date medication list must be brought to the hospital. If you do not have a current up-to-date medication list (prescription and nonprescription, herbal, vitamins, etc.) from your pharmacy, arrange to meet with them to ensure your medication list is accurate. This list can be obtained free of charge from your pharmacy.
- Do not smoke prior to your procedure. Please note, smoking is not allowed anywhere on hospital property.

ON THE DAY OF YOUR PROCEDURE

- Shower or bathe.
- Do not wear make-up, nail polish, perfume or jewelry (except medical alert bracelets).
- You must remove any piercings.
- Leave valuables and large sums of money at home.
- On the day of your procedure your medication and medical history will be reviewed.
- If a patient is unable to make decisions, the substitute decision maker or Power of Attorney **MUST** accompany the patient to hospital. If you are not fluent in English, bring an interpreter or utilize the hospitals' interpreter services.
- The name and number of the escort accompanying you home will be confirmed and must be provided to the admitting nurse prior to your procedure.
- Arrangements must be made for your escort to drop you off and pick you up from the Surgical Outpatient (SOP) department on the 5th floor. If required, please pick up a wheelchair from the main entrance (across from the gift shop) before coming up to the department. It is a \$1 coin, refundable upon return of the wheelchair.
- Your escort should be aware that the expected length of stay at the hospital from beginning to end will be approximately 2-3 hours. It is recommended that your escort remain in the hospital. The Endoscopy staff will call the SOP waiting room on Level 5 when you are ready for discharge.

FASTING RULES

- Follow the preparation instructions your doctor has given you for your procedure.
- If your doctor has instructed you to take medication before your surgery you may do so with a sip of water.
- If your doctor has allowed clear fluids after midnight, please make sure to stop the fluids 2 hours before you arrive at the hospital.
- Failure to follow these instructions may result in the cancellation of your procedure.

MEDICATION INSTRUCTIONS

- Check with your doctor if you should stop any medication before your surgery.
- If you are taking prescription, non-prescription or herbal medication, check with your doctor about what medications to take on the day of your procedure.

DIRECTIONS TO ADMITTING & OUT-PATIENT PROCEDURES (SOP) DEPARTMENT:

- Enter the hospital at the Main Entrance (Level 4).
- Stop at the Admitting Department (located on the left side of the lobby as you enter the hospital) to be registered for your procedure and complete the required paperwork.
- Following your registration, take the elevators across the lobby from the Information Desk to Level 5.
- Turn right off the elevator and follow corridor – turn left at the glass window – and follow the corridor around to the SOP waiting area which is on the left side of the hall.

NOTES:

ADVISE DR EBISUZAKI / his office if you are taking any of the following :

● BLOOD THINNERS :

● DIABETIC MEDICATION :

5 DAYS BEFORE your procedure STOP TAKING :

● IRON MEDICATION

● SEEDS or NUTS
